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THE LAWRENTIAN

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WELCOME WEEK EDITION

STILL IN COLOR!



Welcome to Lawrence A letter from the Editor-in-Chief

To the Class of 2019,

I am pleased to introduce a special Welcome Week issue of *The Lawrentian*, Lawrence University's student-run newspaper since 1884. In the pages that follow, you will find advice from upperclassmen, updates on summer campus renovations, information about the surrounding community and much more.

As you proceed through the formative four—or five for some—years ahead of you, *The Lawrentian* will serve as a platform for documentation, observation, commentary and debate for every topic relevant to our community.

For those of you interested in journalism, let *The Lawrentian* be your creative outlet, a tool for mastering your craft. For those interested in the stories behind campus gossip, look to *The Lawrentian* for insight and accuracy. Issues will be waiting to be picked up all over campus every Friday at 5 p.m. and can also be read online.

When something obstructs your path as a student, send in a letter to the editor. And when an article asserts opinions or ideas averse to yours, send in your response.

Lawrence University, and all of the opportunities within it,

thrives and succeeds when we, the students, actively participate, engage and listen.

As I enter my final year, I realize that the friends I made during Welcome Week are still a vital part of my experience here. So whether you've already found that perfect group of friends or you're still looking for your niche, take this time to settle in, prepare and relax. There will always be time to stress later on, trust me.

Sincerely,
—Zach Ben-Amots '16

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Congressman Lewis inspires during commencement address

Noah Gunther
News Editor

"I would come home and ask my mother, my father ... 'Why segregation? Why racial discrimination?' And they would say, 'That's the way it is. Don't get in the way, don't get in trouble.' But in 1955, 15 years old ... I heard of Rosa Parks. I heard the words of Martin Luther King, Jr. on the radio. The actions of Rosa Parks, the words and leadership of Martin Luther King Jr. inspired me to find a way to get in the way—to get in trouble."

Congressman John Lewis directed these words in a passionate commencement address to the Lawrence University Class of 2015 on June 15, wishing new graduates well after speaking about his past and the progress he has witnessed during his lifetime.

Lewis was introduced by President Mark Burstein at Lawrence's 166th commencement. He was recognized with an honorary Doctor of Humane Letters degree at com-

mencement, along with fellow civil rights activist James Zwerg. Both were members of the 13 'Freedom Riders' who rode the interstate bus from Washington D.C. to New Orleans in 1961, protesting the lack of official enforcement for Supreme Court rulings declaring bus segregation unconstitutional. They were met with brutal violence along the way.

"We know about standing up for what we believe in, and not standing aside when there is an injustice," said Mallory Speck '15, addressing the crowd of Lawrence parents, staff, faculty and students at commencement. Similar to Lewis, she spoke about change and the role of the individual in making change occur.

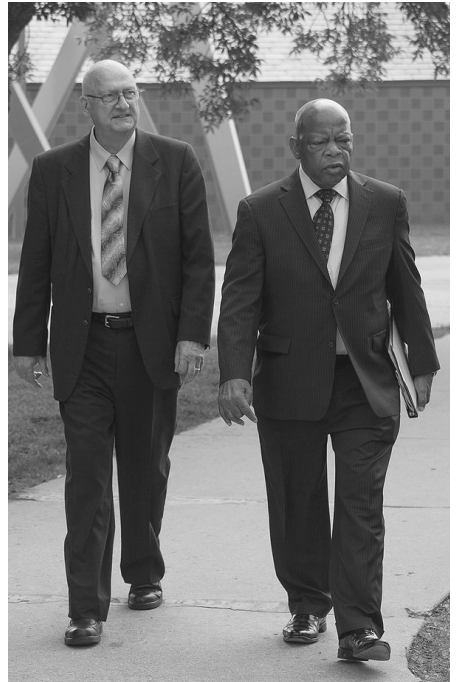
This was Lewis' third time speaking at Lawrence. In April of 1964, he visited as Head Field Secretary of the Student Nonviolent Coordinating Committee to speak at a university "Civil Rights Week" event. Lewis returned in 2005 to deliver a convocation titled "Get in the Way."

At a press conference preceding the cer-

emony, Lewis, sitting next to Zwerg, spoke about the connection between their civil rights work in the '60s and recent protests against police violence. "Now more than ever, we need to conduct nonviolent workshops," Lewis said.

Zwerg and Lewis came from very different backgrounds—Zwerg was born in Appleton, Wisc. in 1939, when only 10 out of 28,400 residents identified as a race other than white. Meanwhile, Lewis grew up on farmland where his parents were sharecroppers, and he didn't see a white person until he was school-aged. However, they came together over civil rights, both affirming their closeness during the conference. "There was nobody I'd rather ... take a beating with," said Zwerg.

"Walk with the spirit of Lawrence University. Walk with the spirit of history, and help us do what is fair, what is good, what is decent, and move us closer toward a society where we recognize the worth and the dignity of every human being," Congressman Lewis concluded.



Lawrence athletics "take the next step" with Banta Bowl renovations

Brady Busha
Staff Writer

In 1965, one of Appleton's many natural ravines was put to use in the form of a new football stadium for the Lawrence University Vikings. Dubbed the Lawrence Bowl at that time, it was made possible by one of many anonymous gifts from Lawrence alumnus George Banta Jr. After his passing in September of 1978, the stadium was renamed the Banta Bowl in his honor.

Since the bowl was constructed, Lawrence football teams have seen many years of success, capturing seven Midwest Conference (MWC) titles. The bowl's inaugural season featured Ron Roberts in his first season as head coach of the Vikings.

Roberts would go on to revitalize the Lawrence football tradition, taking home the conference crown in back-to-back years in 1966 and 1967, and capturing three straight titles from 1979 to 1981. In 1983, he ended his tenure as head coach, but returned for one last season in 1992. Roberts compiled a record of 121-54-1 in the Banta Bowl.

With all this in mind, it's no mystery that the new field is being dedicated to Ron Roberts. The new Roberts Field at the Banta

Bowl will now be used by the football and soccer teams. Alongside, several proposals have been made to open up the Banta Bowl for use by the Appleton community.

Kristin Mekemson, the campaign manager for the Banta Bowl project, wants to open the venue up to multiple events. The events considered include high school and college graduation ceremonies, youth soccer tournaments and summer camps, high school athletic tournaments, and semi-pro football games.

This new opportunity for expansion within Lawrence athletics comes with a price tag. According to Mekemson, the project cost \$4.5 million obtained through alumni support and fundraising. David Blowers '82 and Charles "Chuck" McKee '68, both of whom are decorated football alumni, acted as co-chairs of the campaign.

Although the playing field is finished and ready for use—the soccer and football teams have been regularly practicing and competing on it—there is still much work to do. The Gilboy Athletic Center, plaza and parking lot will be finished by Oct. 1. Soon after, the stadium will be dedicated to the legendary Coach Roberts before Lawrence squares off against Carroll University for the Hall of Fame Game on Oct. 17. The dedica-

tion will take place at 4:40 p.m., 20 minutes before kickoff.

Overall, the changes have been extremely well-received by varsity athletes. The feeling of excitement and appreciation appears to be mutual among seniors of all three sports programs that will be using the field—men's soccer, women's soccer and football.

Senior Santiago Alvarez, a member of the men's soccer team, believes the field is a large improvement and thinks that this is a great step for the future of Lawrence athletics. Alvarez, whose home is Peru, noticed that communities in the United States often come together through athletics. He believes that Lawrence has taken the first step in creating a link between the university and Appleton. Alvarez said it was a "big deal to us [athletes], and it makes me proud to be part of Lawrence University athletics during this very important moment in its history."

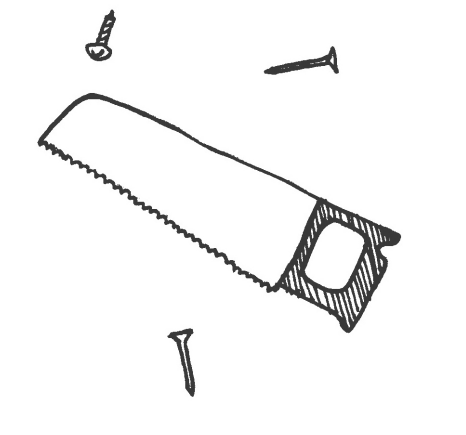
Senior goalie Patsy Kealey was sad to see the historic look of the Banta Bowl disappear, but feels honored by the opportunity to play on the new field for her senior year. Kealey said this field is a great addition to the campus, as well as the Appleton and Fox Valley community.

Senior offensive tackle Patrick Pierson believes the venue "has been the best in

our conference, [but] the bowl was in shambles before the renovation." Signing off on this renovation was one of President Mark Burstein's first actions in office. On behalf of all Lawrence athletes and the athletics department, Pierson wanted to thank Burstein "from the bottoms of our hearts" for the tremendous spike in support of football and other athletic programs.

"It says 'Lawrence is the place to be,'" Pierson said. "We are smart, talented, strange people ... From the Appletones, Monday night jazz ensembles in the café, symphonies, musicals, plays, the annual cult showing of 'Rocky Horror Picture Show,' there is so much that all of us students have to offer to ourselves and to each other. The renovation of the Banta Bowl has shown me that Lawrence supports the interest of all students."

Given the sizeable investment in the new facilities, the speedy construction, and the positive reception by students, faculty and the community alike, it's clear that Lawrence is taking a step forward in its efforts to enhance the quality of and attention to athletics on campus.



New year brings in administration changes and promotions

Nicole Mitchell
Staff Writer

The start of the 2015-2016 school year will bring several changes to the structure of the student affairs division at Lawrence University. Foremost among these changes is the partition of the positions of vice president for student affairs and dean of students, which was previously a single position.

Explaining the rationale for this change, President Mark Burstein wrote, "For many years we have combined the role of vice president for student affairs and dean of students, a situation that is growing less common at liberal arts colleges as essential services and regulatory constraints have

grown in complexity."

President Burstein also emphasized that "an enduring component of the Lawrence experience is the residential community our students create each year," and expressed the hope that the restructuring of student affairs will enhance co-curricular life on campus.

In the coming school year, Nancy Truesdell will continue to serve as vice president for student affairs, while Curt Lauderdale, previously the associate dean of students for campus programs, has been promoted to the role of dean of students.

Vice President Truesdell will assume responsibility for big-picture campus policies affecting student life, while Dean Lauderdale will work with individual students and campus organizations to oversee

day-to-day student affairs. Both Truesdell and Lauderdale will continue to be responsible for specific areas of student life.

Replacing Lauderdale as associate dean of students for campus programs, Paris Wicker is joining the student affairs staff from Conservatory admissions. Wicker will work directly with special student populations, such as transfer and first generation students, in her new role.

"While efforts have been made to support these students in the past, it is my hope that we can develop more comprehensive programs now that Paris has joined our staff," Dean Lauderdale explained. Wicker will also help to build class year programs, which Lauderdale hopes will "provide more opportunities for students to connect with each other and the campus as a whole,

either by participating in new programs or by working directly with one of ... the many dedicated staff and faculty on campus."

In addition, Wicker will take on some of the collateral duties that residence hall directors managed in the past, as Lawrence has reduced its number of hall directors from seven to five in an effort to cut costs.

Vice President Truesdell expressed enthusiasm for all these changes, stating that the restructuring of student affairs means Lawrence "will have a better ability to respond to student needs," and will allow the college to be "proactive" in ensuring that the student experience is overall a positive one.

HEID MUSIC
(920) 734-1969
(between drew and Durke)
Get your music, everybody! Scores, instruments, and more in this musician’s paradise.

HUNAN 1
920-738-0119
(between Durke and Morrison)
Monday - Thursday 10:30 a.m. - 10 p.m.
Friday - Saturday 10:30 a.m. - 10:30 p.m.
Sunday 11 a.m. - 9 p.m.
Hunan 1 offers a closer alternative for Chinese food than Dong Po, as well as a unique window display.

ERBERT & GERBERT'S
(between Durke and Morrison)
Monday - Thursday 10:30 a.m. - 2 a.m.
Friday - Saturday 10:30 a.m. - 2:30 a.m.
Sunday 11 a.m. - 2 a.m.
“Erbs&Gerbs” is well-liked for its delicious sand-wiches and conveniently long hours.

QUEEN BEE
920-739-8207
Monday - Friday 6 a.m. - 2 p.m.
Saturday 6 a.m. - 1 p.m.
The Queen Bee is a fairly unexceptional break-fast/lunch spot, but for its Afghani lunch on Thursdays.

EL PATRON
(between Appleton & Morrison)
920-996-0122
Monday-Saturday 11 a.m. - 9 p.m.
The closest Mexican restaurant to campus.

TROPICAL SMOOTHIE CAFE (Inside City Center Plaza)
920-997-1644
This cafe is welcome both in the hot fall and spring, as well as during winter, when you start worrying about scurvy.

COPPER ROCK COFFEE COMPANY
(between Appleton and Superior)
920-882-9462
Monday - Thursday 6:30 a.m. - 10 p.m.
Friday 6:30 a.m. - Midnight
Saturday 7 a.m. - Midnight
Sunday 9 a.m. - 5 p.m.
Copper Rock has coffees, gelato, and baked goods, as well as a comfortable sofa facing the window, so you can easily distract yourself from homework.

RYE
(between Superior and Division st)
920-380-4745
Monday - Thursday 6:30 a.m. - 9 p.m.
Friday 6:30 a.m. - 10 p.m.
Saturday-Sunday 7:30 a.m. - 10 p.m.
A new option, Rye boasts the most hipster facade on “The Ave” and an appetizing menu using (at least often) locally-sourced ingredients.

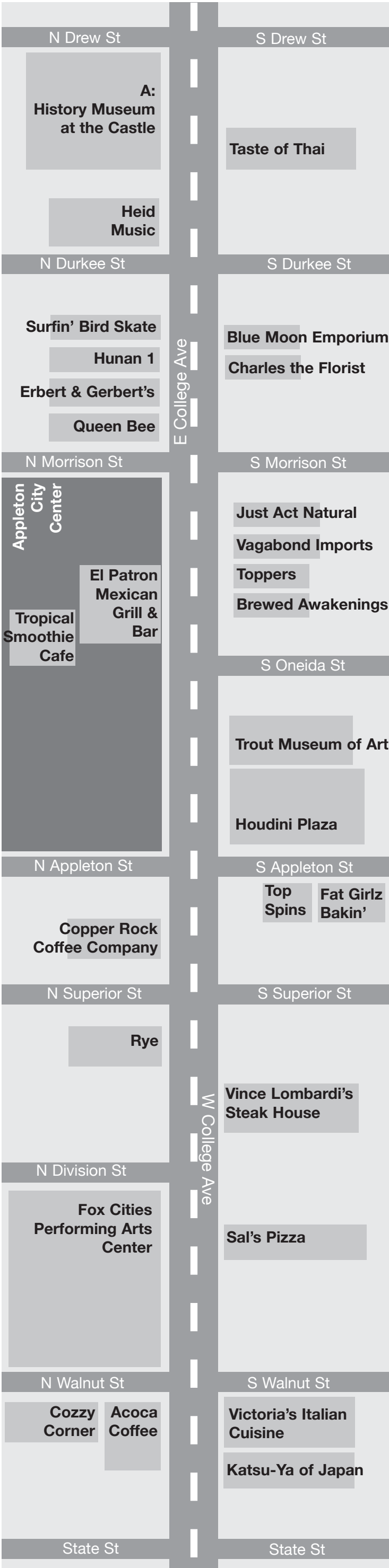
COZZY CORNER
(right after walnut, behind Acoca Coffee)
920-364-9563
Tuesday - Thursday 11 a.m. - 8 p.m.
Friday - Saturday 11 a.m. - 9 p.m.
Sunday 11 a.m. - 7 p.m.
Barely a block off of College Ave, this place is popular for its soul food.

ACOCA COFFEE
920-993-1458
Monday - Thursday 6 a.m. - 9 p.m.
Saturday 8 a.m. - 10 p.m.
Further away from campus than other options, Acoca serves fantastic, freshly roasted coffees, as well as ice-cream and baked goods. (Wi-fi)

MUNCHEEZ PIZZERIA
(right after state street)
920-749-1111
Monday - Sunday 11 - 3 a.m.
One of the pizzerias competing for Lawrence cus-tom, Muncheez is popular for its long hours. Free delivery. Wifi.

There’s a whole lot more to see in Appleton, but this is a good start! Whenever you feel like getting out of the “Lawrence bubble,” check out one of these great local spots.

When you’re ready to truly get to know Appleton, leave the Ave.! You’ll be surprised by everything this community has to offer.



TASTE OF THAI
920-830-2030
Mon. - Thur. 11 a.m. - 2 p.m., 4 p.m. - 9 p.m.
Friday 11 a.m. - 2 p.m., 4 p.m. - 9:30 p.m.
Saturday 4 p.m. - 9:30 p.m.
Sunday 4 p.m. - 9 p.m.
Often closer (and possibly cheaper) than campus food, Taste of Thai will soon be familiar to you. The lunch buffet is cheap and good.

Blue Moon Emporium
(after Durke)
920-205-2114
Tuesday - Saturday 10 a.m. - 6 p.m.
Sunday 12 - 5 p.m.
This shop sells locally made art, jewelry and clothes. It’s a good place to poke around for t-shirts, earrings or something for your dorm.

Just Act Natural
(after Morrison)
920-574-2932
Monday - Friday 10 a.m. - 6 p.m.
Saturday 10 a.m. - 4 p.m.
This shop sells organic clothes, dried fruit, and a wide selection of useful gadgets to make your life more environmentally friendly.

CENA
(after Morrison)
920-830-7820
Tuesday - Thursday - 5 p.m. to 9 p.m. Friday, Saturday - 5 p.m. to 10 p.m.
Cena is a lovely, if pricey, restaurant quite close to campus. The food is nominally Italian and delicious.

Vagabond Imports
920-731-2885
Monday - Friday 10 a.m. - 8 p.m.
Saturday 10 a.m. - 5 p.m.
Sunday 12 - 5 p.m.
Vagabond carries clothes, jewelry, incense, and tapestries, among other things.

TOPPER'S PIZZA
920-730-7070
Monday - Sunday 10:30 a.m. - 3 a.m.
Toppers is best served with the panic and exhaustion typical of 2a.m. study sessions. Topperstix are a favorite; you can add toppings, and they will do box-art on request.

BREWED AWAKENINGS
920-882-9336
Monday - Friday 7 a.m. to 5 p.m.
Saturday 8 a.m. to 4 p.m.
Sunday 8 a.m. to 3 p.m.
Brewed Awakenings, previously called Aspen Cafe, previously called Brewed Awakenings this cafe has good coffees and a selection of baked goods and hot food.

Crazy Sweet
(right after Appleton st before Superior)
920-944-8010
Monday - Saturday 10 a.m. - 6 p.m.
This candy shop has all types of candy, including a number of unique sweets.

VINCE LOMBARDI’S STEAKHOUSE
(RIGHT after superior)
920-380-9390
Monday - Saturday 4 - 10 p.m.
Sunday 5 - 9 p.m.
Inside the Radisson. Not for vegetarians.

SAL’S PIZZA
(Between superior and walnut)
920-955-4444
Monday - Tuesday 11 a.m. - 11 p.m.
Wednesday - Saturday 11 a.m. - 3 a.m.
Sunday 11 a.m. - 10 p.m.
Sal’s serves great College Ave’s best pizza.

VICTORIA’S ITALIAN RESTAURANT
(right after walnut)
920-730-9595
Sunday - Thursday 11 a.m. - 9 p.m.
Friday - Saturday 11 a.m. - 10 a.m.
Victoria’s offers typical Italian food, and an interior decorated with murals.

KATSU-YA OF JAPAN
920-882-4183
Monday - Thursday : 5 - 10 p.m.
Friday : 5 - 10:30 p.m.
Saturday : 4:30 - 10:30 p.m.
Sunday : 4 - 9 p.m.
Offering great sushi, hibachi, grill-your-own, and more, Katsu-Ya is at the far reaches of walking-distance in winter—but it’s worth it.

Lawrence Cheat Sheet

Here are a few tips to help new Lawrentians adjust to Lawrence

Banta Bowl
Fun Fact: IT'S TURF NOW!

Colman Hall
Renovations are currently underway to add group living areas to Colman. This project is part of a temporary solution to fill the housing void that will be created once the Union St. houses can no longer be used in Fall 2016.

Hurvis Center
The Hurivs Center is home to the newly created Film Studies Department, Career Services, Admissions, and Alumni Constituency and Engagement.

International House
Fun Fact: This house is a great resource for any international student, with events and special dinners. Before holding officens, this building served as faculty housing.

Main Hall
It sucks to have a class on the 4th floor of Main, but don't take the elevator. You wouldn't be the first to get stuck.

Sampson House
House of the President. Last June, a silent protest was held on the lawns of the Sampson house as part of a call for sexual assault policy reform on campus.

Steitz/Youngchild Hall of Science
Make a friend who is in a lab class because the science halls are the best halls to use as a shortcut in the winter!

Wriston Art Center
Fun Fact: Wriston houses one of the largest rare coin collections of any university with Lawrence's size.

Warch Campus Center
Fun Fact: You will practically live here for the next four years. Also there's a secret tunnel between Warch and Sage.

The Execs
They exist.

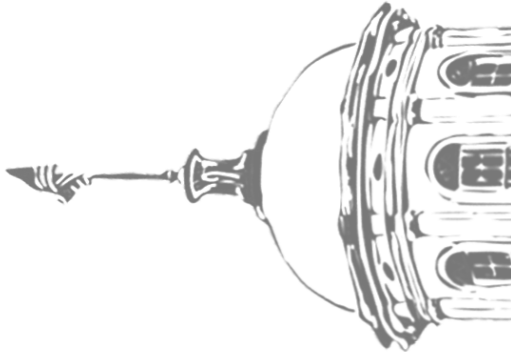
Fun Building Facts

When you first arrive on campus, you will inevitably discover what you think is the perfect study spot. It is cozy and secluded; the air currents are perfect. You will come to think of this place as *your spot*; but with the discovery of the perfect study spot, there comes the discovery that at least three other people have discovered "your spot" and have decided that it is "their spot." So unless you want to share, here are some of our favorite study spots for you to steal. Maybe we'll see you there! (*) Denotes locations where silence is expected.

- Somerset *
- Pusey *
- 2nd floor Warch
- 4th floor Warch
- Library
- Main Hall Green
- the Quad
- Briggs Seminar rooms
- Memorial hill
- The Cafe
- The Viking Room (If you are 21 or older)
- The Diversity Center
- Strange Lounge (Main Hall)

- The Conservatory Couches
- International House
- The Volunteer Center Lounge
- Dorm Lounges
- The Science Center
- That outdoor space behind Ormsby
- That wooden thing by the Hiatt
- The railroad tracks
- In your room
- In the room of your friend
- In the room of your enemy*
- The CTL
- Inside the Cupola*

Study spots on campus



Unique Lawrence survival tips

Regan Martin
Staff Writer

In the summer leading up to freshman year, college students are told a lot about college—what they need to buy for their dorm rooms, the kind of orientation they will have to endure and what living with a total stranger is like. But there are a few things that students might not be told that are still vitally important in not just their first year, but during their entire time at university. Here are some of those less-discussed things that you, as a new freshman, have to look forward to at Lawrence:

The paper mill smell:

Sometimes it is like something has died, sometimes it is like rolling in garbage, sometimes it is like nothing at all. If you think about it, it is kind of beautiful.

Getting emails you do not really care about for clubs you don't remember signing up for:

For the next four years: Yes, there was a time

when you thought you would join the crew team, so now you know about every practice. And race. And party. And even though the inundation of reminders for meetings you know you will never go to is annoying, you also will not make any effort to get off of these lists, because drafting that many emails is tedious and it is much easier to deny defeat than to constantly read about how wind conditions postpone sailing practice.

The swarms of mayflies each spring:

One day you will leave your dorm and a cloud of bugs will rise off of the pavement as you walk by and hit you with their tiny bodies. They are around for approximately an eternity, and no matter what you do they will get in your nose and mouth. Just keep your head down and jog lightly if necessary. The only positive thing about them is getting to watch students on bikes helplessly ride through clouds of them, unable to protect their faces from the onslaught.

Being unable to tell who's who in the winter:
When it's -20 degrees in the middle of Winter term, someone bundled in a hat, very thick scarf,

and a giant winter coat will wave at you, and you will be filled with a mild panic because you have absolutely no idea who it is. You can either just wave back and hope that this is not a mistake, or you can wait until you're a foot away and try to figure out who it is based on eye color and the top half of their face.

Having a very complicated relationship with Freshman Studies:

At some point in the two terms you're required to take it, you will probably despise freshman studies. Maybe you like your first term professor better, but prefer your second group of classmates, or you do not like one of the works; whatever it is, there will be a time when you can't wait for it to end. But regardless of your complaints while you're taking it, you will probably look back with a weirdly positive nostalgia, because despite what you may think of it, going through Freshman Studies is a Lawrence rite of passage.

Important resources

Here are some things that you have probably heard about during tours and orientation, but are important and/or interesting enough to be added here.

Counseling Services: Counseling Services is located in the Wellness Center. Services available are individual or couple counseling, psychological consultation, referral to Lawrence Health Services, and referral to off-campus health services. You can go there to talk about whatever you would like in a safe space.

Center for Teaching and Learning (CTL): The CTL is located on the first floor of Briggs. This is a great place to go if you want to polish your academic skills. There are tutors available to work with students on a vast array of topics. The CTL is also connected to the office of stu-

dent academic affairs, a great resource for any extra needs that cannot be met in typical classroom settings.

Diversity Center: In the basement of Memorial Hall, the Diversity Center is a place for identity exploration and club meetings, as well as the home base for the Office of Multi-Cultural Affairs.

Sustainable Lawrence University Gardens (SLUG): This is that big garden with all of the things growing in it at the bottom of Memorial Hill. Sometimes items from here will show up in Andrew Commons.

Archives: Find the Archives on Level B of the Library. There is a ridiculous amount of information and objects related to the history of Lawrence here.

LUCC: Lawrence University Community Council is composed of elected students whose role is to pass by-laws and generally to represent all of Lawrence students' wants and needs.

Health Center: Along with counseling, the Health Center provides students with access to a doctor each morning, a full-time on-campus nurse, athletic trainers, workout facilities, a masseuse, and a sauna. Be sure to take advantage of these luxuries.

LAWRENCE LEXICON

The Con: The Music Conservatory

BKS: Basic Keyboard Skills, or the bane of every con student's life

Science: Youngchild and Steitz

The Nip of Knowledge: Main Hall Cuppola

The Tower of Purity: What some students call Kohler Hall because it is substance free

Alex: Alexander Gymnasium is across the river and where most varsity athletics happen

Rage Cage/Sage Cage: Sage Hall, an important, historical party dorm

Mudd, Lawrence's example of utilitarian architecture: The library

The VR: The on campus bar, full name is Viking Room

The Cafe: Kaplans Cafe and Grill, includes the Apparel store.

The Quad: The grassy area in between the large, stone group houses

The Green, Main Hall Green: The grassy area between the library and Main Hall

The Batcave: A room in Briggs Hall or a room in Gaming House. You'll have to discover for yourself what it actually is

Frosh Studs :Freshman Studies

College Ave: The road that intersects the conservatory and the rest of campus

Toppers: The best food ever.

Rog, Red Dog: The cheapest beer and the most easily accessible

The Golden Arches: The art installation near the library, officially named Aerial Landscape

Prezzy B or Marky Mark: President Burstein, one of the coolest cats on campus.

CTL Center for teaching and learning or where you go to get writing tutoring.

I HRT LUG

A Snippet of Established On-Campus Bands



Jon Hanrahan
Staff Writer

The basic underlying thesis behind this whole liberal arts thing is that learning for learning’s sake is a really good way to become a more responsible and fulfilled citizen. Your professors’ and instructors’ subject matter will vary, but their basic *raison d’être* will not. More than anything, they’d love for you to actively chew through the raw data streaming in through, your eyeballs and earholes, and remember the (ideally) sound conclusions that you come to as a result of that brain-activated chewing.

It’s not about future jobs or good grades so much as it is about that feeling associated with nerve cells stretching beyond their microscopic comfort zones.

As much as that sort of learning’s-sake learning happens in the Conservatory—and as moving and diverse as the final musical products often are—to some extent, the musicians and bands who practice and perform outside of those confinements find themselves with exceptional opportunities to play for playing’s sake. In these non-Conservatory music-making situations, music becomes a melting pot of community and self-guided discovery more than the very real need to earn credits or impress esteemed professors.

This is a cursory guide to some of these performers. By no means it is complete; as the year unfolds and new collaborations arise, it will thankfully become less and less so.

Just as your professors will spend the next few years pumping data into various sensory orifices, with hope that more than a few chunks will stick and connect, these artists would love nothing more than for us to listen deeply and to dance wildly. If they get it right, you’ll someday walk to brunch humming something that stuck.

Party-bistas: Now that I’ve established my focus on non-Conservatory music groups, I’m going to start off with a group that stems out of a credited ensemble. As part of the Lawrence University Percussion Ensemble, the members of Sambistas focus on the sort of big, celebratory ensemble drumming you’d expect to hear at a Brazilian parade. These percussionists take their show outside of the

Conservatory occasionally, masquerading as “Party-bistas” and filling basements and living rooms with absurd quantities of roaring sound. This group is one of many reasons that sporting earplugs at parties is, in fact, verifiably hip and cool.

Wild Firth: This four-member outfit has been pulling at the seams of dreamy, dissonant pop music for a couple of years now. According to front man and senior Will Fraser, the band channels its fascination with pop music through an experimental lens. “It evokes such a powerful, infectious feeling—when done well—and I am interested in seeing just how much one can play with and manipulate that feeling,” says Fraser.

The Gritz: By the end of last year, the eight members of The Gritz had established themselves as un-ironically groovy performers of mostly covers, such disparate gems as the Arthur theme song and Marvin Gaye’s “Let’s Get It On.” Describing her group’s performance style, lead singer and sophomore Bane Toure says, “it’s fun and brings out something beautiful out of our audience.” Toure predicts that the new year will include new, original material, recordings, a name-change (stay tuned) and a consistent supply of live energy.

The Lounge Rats: The title to one of their original tunes—and, by now, the de facto band slogan—says it all: “Okie doke, ska ska ska.” Ska, the not-at-all bastard child of jazzy big band and punk, is never in short supply around these eight musicians. While they plan to add new songs—both originals and covers—to their repertoire, the typical feel of a Lounge Rats show will mostly remain alive and well this year. As lead singer and junior Alaina Leisten puts it, “there will still be room to mosh.”

Sk8 City High School All-Star Jazz Band: I’ll hopefully never forget the first time I witnessed the venerable Sk8 City High School All-Star Jazz Band; I had never laughed so hard at a musical performance. The last time I saw SCHSASJB, the band distributed apples and Kraft Easy Mac® to the audience. Guitarist and senior Christian Carroll attributes these hijinks to the band’s improvisational approach in rehearsal and performance. He promises that “the future definitely feels open wide with this group and I’m excited to see

what happens.”

Luis and Whose Army: This group focuses mainly on covers from a few different genres, comfortable playing punk-heroes Dead Kennedys and The Meters, an older funk group, in the same set. According to vocalist, bassist and senior Alex Kurki, “if we end up doing a funk-ed up cover of a black flag song or something like that, great.” For this Army, it is their chemistry as a band, not musical categorization, that keeps their shows fun.

As expected, a number of active bands in the past year will take a hit during Fall Term from study abroad plans. Dope AF (real jazzy stuff with some rapping), Broken Mandolins (bluegrass) and Small Boys (nasty punk) will all have to wait until Winter Term to perform with all of their members.

Porky’s Groove Machine guitarist and senior Ilan Blanck tells me that the four-year nerd-funk veterans do not plan on performing regularly on campus this year. I remain hopeful, though. Blanck does too; “Something might pop up here or there, but who knows.”



Jazzin’ it Up

Hannah Kinzer
Staff Writer

Here at Lawrence University, there is an abundance of jazz ensembles, classes and concerts to partake in. Be it a small group or large, beginner or expert, a guest artist or faculty concert, the Lawrence University Jazz and Improvisational Music Department has it all. With several ensembles to audition for and concerts nearly every week, you can rest assured that you’ll get your jazz fix.

With headlining guest artists such as Cyrille Amié, the Rufus Reid Quartet, the Ambrose Akinmusire Quartet and the Kurt Rosenwinkel New Quartet, this year’s Jazz Series will showcase a diverse range of jazz. Amié and the Reid Quartet will perform at LU Jazz Celebration Weekend. The Kurt Rosenwinkel New Quartet will play with the Lawrence University Jazz Ensemble (LUJE).

In addition to guest artists, there are concerts from various faculty members. In the past, they have all played together, in smaller groups and basic combos, such as the Lawrence Jazz Faculty Quartet, and many other configurations. Each is always a unique treat.

When not listening to faculty in a concert setting, students involved with jazz—both majors and non-majors—can learn from the faculty in a plethora of classes and ensembles. With the current set-up, there are two big bands—LUJE and the Lawrence University Jazz Band—several combos and a larger ensemble, where students can start or continue to hone the craft of jazz with Lawrence University Jazz Workshop Ensemble.

Throughout your four or five years here, there are a wide variety of classes and lessons to take: including theory, improvisation, recording and composition. Despite pre-requisites, all these classes are available to everyone. You don’t have to consider a career or even a major to benefit from the rich education this department provides.

For those interested in just listening to swing-era jazz, there are a few concerts during the year in Warch Campus Center in which the two big bands play classic tunes. Keep your eyes peeled, because there will be at least one event hosted by the Swing Dance Club and the jazz department. Everyone is encouraged to attend to learn the basics of swing dance and to groove along to one of America’s most famous genres of pop music.

There are many opportunities here for jazz-related events and I can assure you that each one is not only beneficial, but also incredibly enjoyable.

An Introvert’s Guide to Welcome Week

1. Start small.
Latch on to the first person you like—roommate, neighbor, RLA— whoever you can find. Let them lead you into unfamiliar territory. 🐶



2. Go to at least some of the campus-sponsored events and shows—even if it’s bad, it’ll be a conversation starter to foster social interaction with your peers. 🐶



3. Take a deep breath. it’ll be over soon. 😊

... and there’s always Netflix 🐶



College for Introverts: The Abridged Guide

Dear Fiona: Homesickness?



Aubrey Klein
Copy Editor

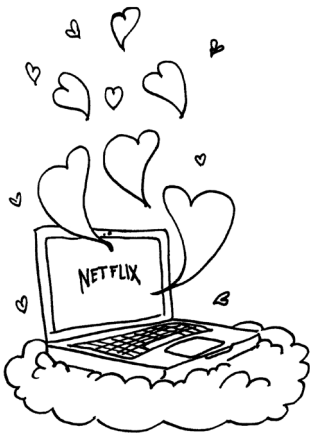
You have heard it before, but I will say it again because it rings true: college is a new experience. It is a time for meeting new friends, trying new things and building the path to your future. However, many of the things that will be required and are considered part of your college experience are not so easy for an introvert.

As an introvert arriving on campus, you may watch as many of your freshman cohort rush to attend their first college party—and every party thereafter—while you are filled with anxiety at the thought of a room full of strangers. You might dread sitting in a classroom full of people who all seem to know more than you do and are eager to speak in class while you prefer to listen and soak up everyone else’s ideas.

But never fear! The quintessential college experience is available to introverts too. With a little time, an open mind and a side of confidence, you too can enjoy the college experience and everything it has to offer. So consider this the highly abridged guide to surviving and thriving in the chaos of college, coming from a fellow introvert who experienced these things first-hand upon arrival at Lawrence three years ago.

Get involved early and often.

If there’s anything I regret about my experience at Lawrence, it is that I didn’t get involved earlier. I had really wanted to try writing for *The Lawrentian* months before I actually submitted an application, and I chickened out of



attending sorority recruitment my freshman year. Now I am happily involved in both *The Lawrentian* and Greek life, and they are two of the most essential and rewarding experiences of my Lawrence career thus far.

Likewise, there are so many cool events and lectures offered throughout the school year that are worth your while to attend. Whenever I have decided after a long internal debate to attend a new activity or discussion, I’m always glad that I did. I hear new ideas and meet like-minded people that continue to enhance my Lawrence experience long after I leave the event.

The more you expose yourself to new things and ideas, the more you will learn about yourself and other people. Isn’t that one of the things that college is for? For introverts, it trains you to extend the edges of your comfort zone and can helpfully fill your quota of social interaction for the day, freeing up the rest of the day for re-energizing with alone time!

I like to party; and by party, I mean read books and watch Netflix.

Parties—at least in my experience—are the ultimate challenge for an introvert, especially when you’re new on campus. When someone says, “want to go to that party tonight?” to you it sounds like “want to go stand in a roomful of people you don’t know with the most intense anxiety and paranoia you’ve ever experienced in your life?” At this point, you would honestly prefer attempting to climb Mount Everest. Or more likely, you would so much rather sit in your bed and read “Harry Potter” for the tenth time.

To tell you the truth, that’s okay. No one is going to berate you for not going out, and if it would make you more unhappy than happy, there is absolutely no reason to punish yourself. Eventually, though, I highly suggest you attend. Hey, don’t knock it ‘till you try it! Parties can be a great stress reliever after a long week; there is nothing like dancing to increase endorphin levels!

They are also a fun way to bond with friends and meet new people. Now is the time to stop being like Mr. Darcy at the first ball and to find a dance partner. Anyone can be introduced in a

ballroom—or its college equivalent: a house party. When in doubt, head for the beverage area.

My oft-used rule of thumb for parties is to just go and stay for at least half an hour—a completely manageable amount of time. If I’m not having fun within that first half-hour, I’ll give myself permission to leave. Sometimes, you just need to immerse yourself in the experience and you’ll realize that it’s a lot more fun than you thought it would be. Alternately, you will become a master of the sneaky exit.

Truth be told, for some introverts, it never gets easier. Some nights, all my friends are eager to go out, and I really just want to stay home and go to bed early. That’s okay. There are plenty of other ways to spend a Saturday night, and staying in to watch “The Notebook” while eating a box of Topperstix is one of them.

Find your tribe.

It will take you a while to find a group you really jive with. The best thing you can do is to put yourself out there and try new things, as clichéd as that may be. Sports teams are a great way to find a community. So are Greek life, theme housing and volunteering. As painful as it is to hear, it is essential to exit your comfort zone to find the things that will lead to an amazing four years at Lawrence.

When you do, you may find some of the most rewarding experiences and friendships. If something scares you, you should try it and leave your preconceived notions at the door. There is nothing worse than writing off a person or an experience by judging beforehand, which is easy to do for those of us who don’t love to be around people every hour of every day.

When you feel like you are starting to click with someone, or a group of people, let those friendships and connections evolve naturally. I suggest a casual coffee date in the café, studying, attending campus events together or a good old-fashioned movie night. All low-key, low-expectation meetups are perfect for two kindred spirits to connect.

Fiona Masterton

For The Lawrentian

Dear Fiona,

I’m moving away from home for the first time to come to Lawrence, and I feel like every single thing in my life is changing. When I was packing for college, I broke my favorite mug from when I was a kid, and I cried for three hours because I just wanted one goshdarn thing to stay the same. How can I hold on to the familiarity of life at home without letting homesickness stop me from experiencing new things?

- Fragile Freshman

Dear Fragile Freshman,

You are in an important transitional period in your life. It’s totally natural to want to hang on to familiarity as everything changes around you and to freak out when things don’t stay the same. You want everything to go back to normal. The thing is, this *is* the new normal.

Things are weird now; and you’re probably going to feel crappy for the first two weeks. You don’t know anyone yet, and your whole world feels off kilter. However, it seems to take about two weeks to get used to a routine, so the best thing you can do in those first two weeks of college is to make a routine for yourself.

Routines are at the core of our human need for continuity because they make us feel safe. They make us feel normal. Make a new routine for yourself, but allow small things from your life at home to transfer into that routine. If you’re used to getting a cup of coffee left next to your bed in the morning, get one of those programmable coffee makers for your room. If you’re used to walking to and from school every day, take a slightly longer path to and from your classes.

Hold onto the little things that make your life here feel like your normal life, because it’s not like you’re going to be able to totally recreate your home in your dorm room. You’re going to have to let some things go.

The things you’re probably going to have to let go are going to be the people. It’s totally sad, but it’s true. You can hold on to the same friends you had in high school and pretend everything

is the same, but you’re going to have to make some new friends. Fortunately, they are probably going to be some of the coolest people you will ever meet. They are also going to help you feel more normal. You’re going to start forgetting that you haven’t known them your entire life.

“But Fiona,” you’ll say, “making friends is hard!” Yeah, I know. You’re totally right; making friends is hard, but even if you suck at being outgoing, you can still make friends. My preferred method is “friendship by exposure”—that’s what I call it anyway. It’s when you spend lots of time around someone—in class or choir, for example—and eventually, after enough prolonged exposure to each other, you become friends! It is like some kind of freaky friendship asbestos-poisoning, but in a good way.

So go ahead and talk to the people in your classes. Talk to the people in your ensembles. While you can definitely make some friends during those Welcome Week icebreakers, they are not the only way. If icebreakers are not your forte—I personally hate them with a passion—there is still hope! If you don’t have a new best friend in the first four days, *it is not the end of the world*. It’s going to take some time to make friends, but you’re going to be alright.

OK. Things are weird. You feel freaked out. That’s normal. There’s nothing I can do or say that will make that go away. The only thing that can make it go away is time. But it *will* go away. Don’t let it consume your life.

If you start to freak out in the middle of the night because this is not your bed or your room, and you have no idea what the frack you’re doing with your life, take a moment. Think of the emotion as a wave. It builds, it crests and then it falls. Maybe you’re at the crest right now and everything feels hopeless. What comes next? It falls; the emotion passes, and you realize that this will become your bed. This will become your room.

Also, no one else here knows what the frack they’re doing with their lives, either. It is going to be OK.

Stay Strong,
Fiona

Office Hours: Dangerous and To Be Avoided



Susannah Miller
Variety Editor

You have now made it to college, apparently. I hope you are well prepared. Even for the well-prepared, however, life, college and your studies can be complicated. At some point, you may be tempted to ask a professor for advice or an opinion. This is a terrible idea. It will be impossible for me to keep you from discussing such things with your peers, but I hope that my advice here will keep you from doing the worst thing possible.

You absolutely have to remember this one thing: do not ever enter a professor’s office. I am serious about this, even more than I am about not having intelligent discussions with your peers.

There is absolutely no reason to go into a professor’s office, and nothing good has ever come from a student attempting to contact a professor for any reason. Let me explain.

There are numerous, often terrible, consequences of attending office hours or setting up appointments with professors—even worse than those from emailing a professor or asking a question in class. Those lesser activities could result in a professor knowing your name. Worse yet, the professor could know your name and associate with it something along the lines of “apparently cares a little.”

However, a visit to a professor’s office could result in an

actual bi-directional exchange of information, something that we all know should be avoided at all costs, especially in college. Consequences of such a disaster



could include constructive evaluation of your ideas, new sources of information or even an entirely new perspective on the topic in question.

Worse yet, in such a terrible place, you could meet people other than just the professor. This could be the professor’s dog (never trust them), another professor or—worst of all—another student, unfortunate enough to have fallen in with the same misguided crowd as you.

The consequences of these situations are both endless and tragic. One’s opinions could be challenged, ideas formed or criticized, friends with similar interests could be made or new interests could even be sparked.

I have to remind you of something. You are in college now. College is a remarkably dangerous place, where your convictions and beliefs are challenged, and you

are encouraged to expand your knowledge of all sorts of subjects.

However, I urge you to stand firm. You have doubtlessly accumulated enough knowledge in your 18 years to adequately interact with humanity and steer the morally murky waters of life for the rest of your next 70 years. Just stick with that! There is absolutely no need for you to ever open a book, let alone your mind, *especially in college*, where you are surrounded by so many interesting opinions.

No, I want you to stand firm. Show no weakness! In these trying circumstances, there is nothing for you to do but quash your curiosity, read as little as possible, ignore people different from you and, for your own safety, *never* go to a professor’s office. *Ever*.

PHOTO POLL

Eric Lee
Photo Editor*What are you most excited about
for your first year at Lawrence?*

"Getting involved in clubs and sports, specifically fencing."
—Sam Blair



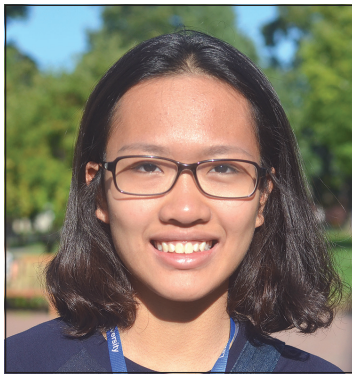
"I'm looking forward to the Great Midwest Trivia Contest."
—Emma Swilder



"I'm excited to become a party animal."
—Saahil Cuccria



"Taking a lot of landscape photography!"
—Rufino Cacho



"I look forward to experiencing a new culture."
—Linh Nguyen



"I'm excited for the night life, and the academics as well."
—Krystin Williams

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—All submissions to editorial pages must be turned in to *The Lawrentian* no later than 5 p.m. on the Monday before publication.

—All submissions to the editorial pages must be accompanied by a phone number at which the author can be contacted. Articles submitted without a contact number will not be published.

—*The Lawrentian* reserves the right to print any submissions received after the above deadline and to edit each submission for clarity, decency and grammar.

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